Words in Words Game

This game is very popular! It provides mental stimulation, social interaction and promotion of self-worth.

**Object:**

- Mental stimulation
- Social interaction
- Promotion of self worth.

**Preparation:**

A white board or large piece of paper / cardboard will be required.

**Instructions:**

1. Ask residents to think of a word for the game. It can be any word so long as it is not too short.
2. Write the word on a white board and ask residents to form other words using only the letters of the word on the white board.

This is a fun and entertaining game that will generate a lot of discussion.

Once, one of my clients chose the word 'pedestrian' and we made an amazing 122 words from it. We invited staff and management to join us and we played for well over an hour. For many days afterwards, we had staff coming up with extra words.

A very worthwhile activity!

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